

Online Safety Session Plans – Introduction

The internet is no longer a separate part of life, it is firmly embedded in day to day activities and so much more so for our children and young people, who have grown up with it.

These session plans have been created in response to the role the internet now plays in many safeguarding incidents

The aim of the session plans are to enable children and young people:

- to be aware of the impact their online behaviour can have on their offline lives
- to be aware of the risks that they face when using the internet
- to be aware of ways that they can reduce these risks and stay safe online
- to understand where they can report things that happen online in they need to

The resources contains 6 session plans:

- Digital Tattoo / Digital Identity
- Social Networking
- Online Friendships
- Negative Content
- Grooming
- Sexting

Each plan is a 55 minute flexible session that is suitable for a wide range of children and young people. It is expected that the facilitator adapts and leads discussion around the activities to the learning age of the group they are delivering too.

It may be that some activities are not appropriate for or relevant to the group. If this is the case, other activities can be chosen from the suggested additional resources at the end of each plan or other resources known to the facilitator.

Additional resources are also available from:

www.thinkuknow.co.uk - a range of resources for all ages, those with SEND and parents / carers

<http://www.childnet.com/resources/star-toolkit> - toolkit specifically for children and young people with autism spectrum disorders

<http://www.childnet.com/teachers-and-professionals/for-working-with-young-people/hot-topics> - information and suggestions for those working with children and young people on various online safety topics