

Session Title: Online and Offline Relationships	Age Group: KS2 – KS4	Duration: Approximately 55 Minutes
Aim: To encourage young people to think about their online relationships, the information and detail that they share with 'online friends'		
Objectives: <ul style="list-style-type: none"> • To understand that people that they have met online may not be who they say they are • That not all people they talk to online can be trusted • To ensure that children and young people understand how and where to report if they think something is wrong 		
Resources required: Online / offline venn diagram		
Time (minutes)		
0 – 15	Introduce session, individually complete online / offline venn diagram, then in the wider group, referring to the diagram discuss what the differences and similarities of online and offline (face to face) friends are.	
15 – 25	In smaller groups discuss: <ul style="list-style-type: none"> • How many have friends online do you have that you have never met in real life? • How did you meet these friends? (chat rooms, social network, through friends of friends / family, gaming sites etc) • Have you ever met up with somebody you had first met online? • Are any of your online friends celebrities? Do you think they really are that person? How do you know? 	
25 - 35	Small group discussion: What bad things (consequences / risks) could happen if the person you are talking to isn't who they say they are? Key points (depending on age of group): <ul style="list-style-type: none"> • Peer pressure • Cyber bullying • Extreme views / radicalisation • Grooming (see separate session plan) 	
35 – 45	Feedback to whole group and facilitator to briefly summarise that people you talk to online may have another agenda, e.g. they may want to influence your views, behaviours or want to harm you in some way.	

45 - 55	<p>As a whole group exercise 'mind map' <i>'how and where can you report if you are uncomfortable with something that happens online?'</i> e.g. tell a trusted adult, report to CEOP, Childline.</p> <p>If appropriate and time allows ask pupils to access their social networking sites and 'clean' their friend's lists (i.e. delete any contacts they do not know in real life). This could also be a homework task.</p>
<p>Additional Resources relating to subject:</p> <p>www.thinkuknow.co.uk</p> <p>Breck's Last Game https://www.youtube.com/watch?v=hZIYSCE-ZjY</p> <p>Kayleigh's Love Story https://www.youtube.com/watch?v=WsbYHI-rZOE</p> <p>Know your Friends with Josh and Sue https://www.youtube.com/watch?v=ecr6OJmT3Mg https://www.youtube.com/watch?v=JtKtzahKX_4</p>	