

**Dudley Sexual Assault and Abuse:
Directory of Specialist Services**

Please Note: The below listed services operate within Dudley Borough or provide services to Dudley residents. The service delivered is either by a statutory agency or through an organisation that holds a contract with one of these statutory agencies.

Organisation and Name of Service	Service Provided	Age range for service provided	Gender for service provided	How to Access the Service (Referrals /Contact Details)
Adult and Child paediatric SARC	<p>Service commissioned by NHSE to 24 hr per day sexual abuse services. Provides assessment of health and well-being needs of survivors following either a recent or historic sexual assault. Referrals are then made to services in the survivor's home area. Services are provided by Mountain Healthcare and the local provision currently sits in Walsall.</p> <p>If a child or young person, over the age of 13, discloses experience(s) of sexual violence or sexual abuse, but does not want police involvement, the SARC can be contacted directly. For children under the age of 13, a formal report will need to be made to the police.</p>	All age	All	<p>Adults (Horizon): 0808 168 5698, 24 hrs self referral or professional</p> <p>Children and Young People: Contact 0808 196 2340 to speak to a Pathway and Support Service Co-ordinator who will be able to arrange a telephone appointment for the individual with one of the specialist nurses (13+) or doctors (<13) in the region.</p>
Ask Marc	<p>Ask Marc offers men living In the Black Country specialist support around rape and sexual violence, childhood sexual abuse, domestic abuse, grooming and exploitation, stalking, forced marriage and so-called "honour"-based violence.</p> <p>Ask Marc sends out a clear message of hope telling victims you don't have to deal with it alone: someone is here to listen.</p>		Male and Transgender	<p>info@askmarc.org.uk www.askmarc.org.uk</p> <p>Or call 0121 289 6402</p>
Barnardo's – Dudley First Step	A confidential counselling service for children and young people who have been sexually abused. Our aim is to promote the recovery and increase the resilience of children and young people impacted by sexual abuse.	Under 18's	All	In order for a child or young person to engage with support, consent must be obtained from parents/carers.

	Parents/carers of the children and young people who have been sexually abused can also access the confidential counselling service	Parent/ carer		<p>Children, Young People and their parent/carers must live in the Dudley area and be registered with a Dudley GP.</p> <p>Referrals can be submitted by professionals and agencies.</p> <p>Self-referrals can be made by parents/carers.</p> <p>For further information, or to request a referral form, please contact the Dudley First Step team on: T: 01384 411722 E: mhwbwestmidlands@barnardos.org.uk</p>
Barnardo's Beacon Service	A service to support victims and survivors of child sexual abuse		All	https://www.barnardosbeacon.org.uk/
Beehive project	HIV Prevention and Support in the Community Service provided by the What Centre. They offer advice counselling on a one to one basis and groupwork, HIV testing, HIV+ Group, Gay Mens group, LGBGTQ			<p>The service is self-referral. Contact:</p> <p>01384 379992 (Stourbridge) or 01384 885488 (Dudley) thewhatcentre@hotmail.co.uk Beehive.whatcentre@gmail.com</p>
Black Country Women's Aid (BCWA) ISVA	Dudley Independent Sexual Violence Adviser (ISVA), based at: The Cedars, Unit 5 Dudley Court, The Inhedge, Dudley DY1 1RR	18+	Male and Female	Referral can be sent to BCWA single point of contact: 0121 553 0090

	<p>Funded by The Office of PCC and Ministry of Justice.</p> <p>The female ISVA can offer practical and emotional support to clients who have experienced rape and sexual assault including historical and childhood abuse. An initial assessment will help to assess client need and plan the most appropriate and suitable support dependent on individual need and risk. The service offers the strictest of confidence and no information will be shared with any other agency without consent unless it involves matters of Safeguarding of either the client, a child or identified third party.</p> <p>The ISVA is totally independent of West Midlands Police, the Criminal Justice System or statutory local authority services, but advocates on behalf of clients where necessary</p> <p>Independent Sexual Violence Advisors can help with the following:</p> <ul style="list-style-type: none"> • Non-judgemental Emotional support • Help with the court process, i.e. witness service, special measures • Liaising with Police and other relevant agencies • Accessing health and other related services • Keep you updated with the progress of any investigation or court case. • Referrals to other agencies for parents or family members who have been affected by your experience. • Help with housing needs, liaising with specific agencies • Support with Criminal Injuries Compensation applications • Support and advice to safeguard you and your children • • Referral to specialist in-house counselling services • Raising awareness of the impact of sexual violence, abuse and assault and trauma • Practical support and implementation of coping strategies <p>This is not a complete list, but outlines what the service can provide and give a greater understanding of the role. All support and</p>			<p>IDVA@blackcountrywomensaid.co.uk (to be password protected)</p> <p>Digital referral forms can be emailed by request</p> <p>Referrals can be submitted by professionals and agencies.</p>
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	interventions are from a trauma informed perspective.			
BCWA CHISVA x 2	<p>Children's Independent Sexual Violence Adviser working across the Black Country.</p> <p>Funded by The Office of PCC and Ministry of Justice.</p> <p>As above, but the CHISVA works in and with age appropriate interventions from a trauma informed perspective. Support is extended to family/carers with a holistic approach, understanding being that the impact will extend out to the family as a whole, not just the young person.</p>	12-17 & 5-11	Male and Female	As above & Self-referrals can also be made by parents/carers
BCWA Therapeutic Services	<p>BCWA Therapeutic Services. This service an in-house service provision for the front line community services, as such all referrals will have either an ISVA, IDVA or CHISVA. The initial offer is for 12 sessions with a specialist trauma informed therapist.</p> <p>Therapeutic Group work will re-commence following easing of lockdown restrictions. Groups for adult survivors of childhood sexual abuse. An all-male group and an all-female group</p> <p>BCWA also hold the Black Country regional contract for 9 sessions of CRISIS Counselling provision through both Paediatric and Adult SARC.</p>	18+ 18+ 5-18 18+	Male and Female	<p>In-house referral through ISVA or CHISVA</p> <p>In-house referral through ISVA</p> <p>Following a visit to the P/ASARC, the client will be offered the opportunity to take up 9 sessions of CRISIS Counselling, referrals will be forwarded to BCWA by Mountain Healthcare for Paediatric or Horizon (G4S) or Adults through the agreed pathways. Please see below for contact details</p>
Brook	<p>Brook Dudley is a free and confidential Sexual Health and Wellbeing Service for all Young People under 25 years old. We provide advice and support, testing and treatment, vaccinations and contraception regardless of gender and sexuality.</p> <p>Referral to SARC regional SARC upon disclosure (client consents)</p>	Under 25's	Inclusive of all genders	<p>Brook is self referral walk in clinic or 07810701134 or via our Brook Dudley webpage https://legacy.brook.org.uk/find-a-service/regions/sandwell-and-dudley</p>

				Additional information can be found on our website www.brook.org.uk
Dudley MBC - Children's Services Child and Adolescent and Response Team	Support for 12 – 17 years of age for young people in Abusive Relationships, Promoting healthy choices through a bespoke programme including: Safety, Managing situations, Expectations, Behaviours and Sexual Health. Delivered by a Qualified Independent Domestic Violence / Abuse adviser (IDVA)	Aged 12 – 17 Up to their 18 th Birthday.	All	Referrals: Via the arteam@dudley.gov.uk inbox Contact: Debbie Ashbey Kay Hillman 01384 815676 Social Services Safeguarding & Review Corbyn Road Dudley DY1 2JZ.
Black country Healthcare nhs foundation Trust Dudley Rape and Sexual Assault Counselling and Trauma Treatment Service	A confidential service for women who are 16+ that have experienced rape or sexual assault in adulthood	16+	Female	Self referral Contact: Caron Pickford-Perry 0121 602 8817
GUM Dept, RHH (DGHFT)	Referral to regional SARC upon disclosure (patient consents) STI screening and treatment/follow up for patient referred from SARC into GUM	All ages	Inclusive of all genders	GUM is self referral walk in clinic or 01384 456111 ext 3900 Referrals from regional SARC for FU
Kooth Commissioned	Online Support For Any Issues Affecting Young People	11-18	All	Online Self Contact

By CCG https://www.kooth.com/				
Loudmouth TIE Commissioned By Public Health https://www.loudmouth.co.uk/	<p>Working For Marcus This Programme Teaches About A Wide Range Of Child Exploitation Issues Including Child Sexual Exploitation, Exploitation Into Crime E.G. County Lines And Knife Crime.</p> <p>Safe And Sound This Programme Helps Young People To Stay Safe In Their Intimate Relationships.</p>	13+	All	C&YP Public Health Team DMBC
		12+	All	
School Nursing	support for children and YP who have experienced DA/SV			
Victim Support	Emotional support, Advice, Practical support and personal safety	18+	Any	Partner agencies can refer using the referral form. People can also self-refer through 0300 303 1977, Victim Support website or Livechat